

Foreword

As the world's first book of its kind, *A Guide to Living With von Willebrand Disease* was a long-awaited and much-needed resource. Written by Renée Paper, an ER nurse living with VWD, with help from Laureen Kelley, author and mother of a child with hemophilia, this updated version of that book provides the type of insider information that people with VWD and their families will find especially useful. At the same time, the book also offers important medical and scientific explanations about VWD in a format that is easy to understand.

A Guide to Living With von Willebrand Disease is like many books in one, containing an encyclopedia of information. Readers will find user-friendly explanations about VWD and up-to-date clinical information on symptoms and treatment options. This book also includes advice on how to handle emotional issues and tips for managing health insurance. In fact, two chapters are devoted to helping patients get the best possible health care. The book also addresses some of the unique emotional concerns that people with VWD may face before, during, and after diagnosis. It even covers what to expect as people with VWD pass through the different stages of life. For those who would like to get more involved in the bleeding disorders community and become patient advocates, there is information on how to get started. Finally, at the end of the book, there are pages and pages of useful resources. Knowledge is power, and people who read the book will find plenty of information right at their fingertips.

Perhaps most important, Ms. Paper writes from her own experience. She shares her personal stories, so you can learn from her challenges and triumphs. To round out her perspective, the book also includes quotes and stories from dozens of other patients and parents.

ZLB Behring is proud to have the opportunity to support this second edition of this very informative book. On behalf of my colleagues at ZLB Behring, I would like to extend our thanks once again to Ms. Paper and Ms. Kelley for their excellent contribution to expanding knowledge regarding VWD. The publication represents an important part of our ongoing commitment to the VWD patient community. ZLB Behring will continue on its path to provide high-quality products and resources to the medical and patient communities.

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